

WOMEN AND THE COVID-19 VACCINE



COUNTY OF LOS ANGELES
Public Health
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IN LOS ANGELES COUNTY



Latinx women are disproportionately impacted by COVID-19.¹

Lower income women are disproportionately impacted by COVID-19.²

TYPES OF VACCINES



PFIZER
2 DOSES
21 DAYS APART

The FDA has authorized the use of three different COVID-19 vaccines that have been shown to be safe and effective.⁸

MODERNA
2 DOSES
28 DAYS APART

None of these vaccines contain the virus that causes COVID-19. You cannot get COVID-19 from the vaccine.⁹

JOHNSON & JOHNSON*
1 DOSE

The benefits of all 3 vaccines far outweigh their risks.
*See the [CDC J&J Vaccine Information Sheet](#)

WOMEN ARE AT HIGH RISK FOR COVID-19 EXPOSURE DUE TO THEIR JOBS AND FAMILY ROLES



In the U.S., **67.5%** of African American mothers and **41.4%** of Latinx mothers are the sole breadwinners for their family.³

Women occupy more jobs where working remotely is not possible.⁴



74% of the people who work in high-contact jobs (like hospitality, food service, personal services) are female.⁵

76% of health care workers in the U.S. are women.⁶



In the U.S., 2 out of every 3 caregivers are women.⁷

PREGNANCY AND LACTATION

Pregnant people who get COVID-19 are at higher risk for more severe illness and pregnancy complications including preterm births.⁸

The CDC, the American College of Obstetricians and Gynecologists, and the Society for Maternal-Fetal Medicine all agree that COVID-19 vaccines should be offered to pregnant and breastfeeding individuals who are eligible for vaccination.^{10, 11, 12, 13}

With proper hygiene, there is no evidence of COVID-19 transmission through breastfeeding.⁹

There is no evidence that shows COVID-19 vaccines decrease fertility and over 75 million women have already been vaccinated across the country.⁹

Pregnant and breastfeeding people can make an individual decision about whether or not to receive the COVID-19 vaccine.^{10, 11}



Data have not shown any problems or complications for moms or babies. As more pregnant people are vaccinated, there is increased evidence about the vaccines' safety.⁸

Clinical trials for the COVID-19 vaccine in pregnant individuals are underway; more information will be available in the future.¹¹

[1] ACDPH: COVID-19 Locations & Demographics

[2] Clark et al. (2020) PLOS Neglected Tropical Diseases 14:7

[3] Center for American Progress: On the Frontlines at Work and at Home

[4] Alon et al. (2020) National Bureau of Economic Research

[5] Econofact: Impact of COVID-19 Crisis on Women's Employment

[6] U.S. Census Bureau: Women in Healthcare

[7] CDC: Women, Caregiving, and COVID-19

[8] CDC: COVID-19 Vaccine Safety & Monitoring

[9] CDC: COVID-19 Myths & Facts

[10] Harvard Health Publishing: COVID-19 Vaccine, Pregnancy, and Breastfeeding

[11] CDC: COVID-19 Vaccine, Pregnancy, and Breastfeeding

[12] American College of Obstetricians and Gynecologists: COVID-19, Pregnancy and Breastfeeding

[13] Society for Maternal-Fetal Medicine: COVID-19 Vaccines and Pregnancy