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# Frequently Asked Questions About Child Care During COVID-19

Dear families,

Thank you for entrusting our program with your child during the COVID-19 pandemic. Your safety is very important to us. Here are some answers to questions you may have about child care in our program during the COVID-19 pandemic.

## 1. What do you do every day to prevent the spread of COVID-19 in this program?

**We are following LA County's health and safety guidance. This means that we:**

- Follow social distancing guidelines as much as possible. This means staff and children stay six feet apart when possible.
- Always wear masks around the children.
- Ask children older than 2 to wear masks whenever possible, except when eating.
- Stay at least six feet apart when masks aren't worn, like when we're eating.
- Set up individual play areas and activities for children, so that they can learn, have fun, and interact while staying 6 feet apart.
- Ask parents and caregivers to wear masks and keep physically distanced at drop-off and pick-up.
- Screen staff and children for COVID-19 symptoms when they arrive.
- Wash hands (children and staff) regularly. This includes washing hands any time staff and children physically touch.
- Wear gloves when preparing and serving food.
- Make sure children aren't sharing food or materials.
- Regularly sanitize the space and materials.

## 2. Does my child have to wear a mask?

Yes if your child is older than 2. We ask children over age 2 to wear masks. Younger children should not wear masks. Also, all adults in this program wear masks at all times.

We keep extra disposable masks for children at the program in case a mask is forgotten or gets dirty. We also have face shields that children can choose to wear instead.

We understand that wearing masks can be uncomfortable. We help children with this by talking about why masks are important and gently reminding them about their masks when needed. We have found that most children get used to wearing masks quickly, and forget that they are wearing them!

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### 3. What happens if my child or family gets sick?

If your child or anyone in your household is sick with COVID-19 symptoms, please stay home. Contact your doctor to see if the sick person should be tested for COVID-19. Your child may need to stay home for up to 10 days, or until the sick person has a negative COVID-19 test and symptoms are gone.

If your child or someone in your household is sick, please let us know as soon as possible. We will work with you to determine the best next steps.

### 4. What happens if someone at the program gets COVID-19?

If someone at the program tests positive for COVID-19, we will follow all Los Angeles Department of Public Health guidance.

The person with COVID-19 must isolate immediately for at least 10 days. We will contact the Department of Public Health to let them know about the positive case. We will determine if anyone else was exposed to the sick person while they were contagious. If so, those people will be notified and asked to get a COVID-19 test. Anyone exposed will also need to quarantine at home for 10 days, whether or not they test positive for COVID-19.

We understand that it may be difficult to quarantine at home for 10 days. However, the health of everyone in our program is very important to us.

### 5. What should I be doing to help keep this program safe and healthy?

Please stay home as much as possible, and always wear a mask when you're out of your home.

If your child is older than 2, have him or her wear a mask when not at home.

Do not have close contact with people who do not live in your household. Avoid groups of people.

#### **Let us know immediately if any of these things happens:**

- Your child or someone in your household is sick with COVID-19 symptoms
- Your child or someone in your household is exposed to someone with COVID-19 symptoms

Thank you! Together, we can keep all of the families in this program safe and healthy. Let me know if you have any questions.